Women's Indian Chamber of Commerce and Industry

Nishi Mayank
National President, Menopause Awareness & Support Council

27 October 2026

To
The Secretary
Ministry of Health & Family Welfare
Government of India, New Delhi

Subject: Submission of WICCI policy recommendations on menopause and mid-life women's health – 2026

Respected Sir/Madam,

On behalf of the WICCI National Menopause Awareness & Support Council, I am pleased to submit our 2026 policy recommendations titled "Strengthening Menopause & Mid-Life Women's Health in India" for your kind consideration.

The submission proposes a coordinated National Menopause & Mid-Life Women's Health Framework, a sustained national menopause awareness and health-education initiative, voluntary guidance for menopause-supportive workplaces, and a cross-cutting national research and data initiative.

We respectfully request the Ministry to consider these recommendations and, where appropriate, facilitate an expert consultation on integrating menopause awareness, counselling and referral into relevant public-health services. The Council would welcome an opportunity to share stakeholder perspectives and contribute to consultation, awareness and pilot initiatives in alignment with the Ministry's mandate.

Please find attached the policy recommendations document and the Council's member profiles for reference.

Thank you for your consideration. We look forward to the opportunity to contribute constructively to improving awareness, timely care and support for women navigating menopause and mid-life.

Yours faithfully,
Nishi Mayank
National President
WICCI National Menopause Awareness & Support Council