

# WICCI COUNCIL NAME (holistic wellness and resort)



**WOMEN'S INDIAN CHAMBER  
OF COMMERCE AND INDUSTRY**  
[www.wicci.in](http://www.wicci.in)

# Council Vision & Mission

## Vision:-

- To promote holistic wellness globally by different experts through advanced technology.-
- To educate and empower society through health education activities that support healthy lifestyle.-
- To work on root cause of the health problems.-
- To promote natural living.

## Mission

The mission of our council is to promote health and wellness of society through education and initiatives that encourage habits of wellness. Also to increase awareness of factors and resources contributing to well being. Most important is to inspire and empower individuals to take responsibility of their own health.



*Welcoming  
Council Members to  
WICCI*

*President, Vice President  
and 20+ Nominated  
Council Members*

# TYPE NAME & WICCI DESIGNATION

(...**Gujarat State**.....) PRESIDENT, (.....Holistic wellness and resort.....) COUNCIL  
WICCI

## **BIO :- Dt. Shikha Kothari**

*Msc (food sci. and nutrition)*

### **Type Text**

I am shikha, a qualified holistic wellness coach. I share simple nutrition and lifestyle shift that connect you to your body wisdom. I believe not only food but the relation with food plays very important role in good health and well-being and it starts the day child is born, by keeping this in mind I just not give only diet but also educate people and empower them to understand their body and overall health. Today is the need of an hour to make people understand about the importance of connection between mind, body, soul and food we eat, its my pleasure to connect with society to help people to empower them to lead healthy life.



**Dt. Shikha kothari**

# TYPE NAME & WICCI DESIGNATION

(.....state.....) VICE PRESIDENT, (...holistic wellness and resort.....) COUNCIL  
WICCI

**BIO :- Dt. Aruna chandrakar**

*Msc. (food science and nutrition)*

## **Type Text**

I am Aruna, a nutritionist/holistic wellness coach. I am founder of Desi Roots and working on local food promotions.

I am post graduate in food and nutrition. I am lifetime member of IDAGC and achieved lot of knowledge & certificate for various diseases. I am holistic nutritionist with 14+years' experience brings in expertise from the India's best and renowned slimming clinic like BODY CARE, DR. KARTIK SLIMMING CLINIC. Presently I am working with different fitness centers as a visiting consultant and also freelancing offline and online. I promote a drug free holistic approach to health care so that people can be restored to their optimal health. This happens through the realization that true health comes from within, without the negative effects of drugs. Healing is thereby a natural function of the body and does not require medications.



**Dt. Aruna chandrakar**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (...holistic wellness and resort..... )COUNCIL  
WICCI

## **BIO :- Mrs. Smita Tyagi**

*bsc biochemistry, P.G health care management*

*Happiness councillor*

## **Type Text:**

My interest is -i will have to rewind my life and share with you all. I had child with delayed milestones and he expired at the age of 14.During that phase there were no counsellors, not even wheel chair ramp, etc many hurdles society acceptance, family and social boycott because of our limitations. In today's times, if I K of a household where the mother wants to go out, I can babysit. So many Issues.... Reason to join Wicci -To be sensitive towards sensitive issues.



**Mrs.Smita Tyagi**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... )COUNCIL  
WICCI

## **BIO : Mrs. Charvi Lodaya**

*BCS, qualified yoga therapist*

### **Type Text**

By qualification am a Bachelor in Computer Science worked with IT companies with lot of pressure and stress...but somewhere down the line I was not happy and content with my career and in between got married in a Joint family where your career is not important and not even appreciated. Left the job and was trying to settle with new family. But to do something for myself was always on my mind...Yoga always helped me to overcome the situations what I was going through..and that's how my hobby my interest turned into profession...I'm Yoga teacher, Yoga Therapist, Adv Pranayama trainer and Trained certified Ashtanga Vinyasa and Ariel Yoga trainer. In this field I got connected with people having lot's of issues with family, friends, workplace, health and so on...the list goes on..I feel that I'm completely a changed person ..I'm more connected to people who need my help, Nature, Plants and animals.I love hiking, trekking, cycling, travel and meeting new people all over the world. My motto to Join WICCI is to get connected with like minded people and to do something for our society betterment...and the urge to do something which makes me happy and smile. I and my friend Mr. Chirag Shah ..we also have initiated project called "Mein Chalaungi" where we teach free of cost to females how to ride a cycle.



**Mrs. Charvi Lodaya**



**Bio: Mrs. Kranti Bandi***Diploma in dietetics health and nutrition***Type Text:**

Myself Kranti Bandi working as a Consultant Dietician and Diabetic Educator in Paldi, Ahmedabad and has 6 years of experience in this field. I have done my Diploma in Dietetics Health and Nutrition (DDHN) from VLCC Institute of Beauty and Nutrition, Ahmedabad in 2014 and National Diabetes Educator Programme (NDEP) from Dr. Mohan's Diabetes Education Academy in 2016. I have also done Diploma in Naturopathy and Yogic Science (NDDY). I worked at Medi-touch Skin and Super Speciality Hospital, Ahmedabad for 4 years and presently I am working as a consultant dietician and diabetic educator at Health and Nutrition, Paldi, Ahmedabad. I am also working for Mediflam as online diet consultant I am working both online and offline. I am into holistic nutrition too. I also worked as a diet consultant and diabetic educator for patients and clients of Dr. V.K. Abhichandani Sir (Diabetologist) and worked with him, in many medical camps to educate and guide people about pros and cons of diabetes. Previously I also organized Scope English Training Centre (Initiative by Gujarat Govt.), as an independent Franchisee, appointed by Zonal partner ACTUNIV For 4 years (2007-2011). I had also given Honorary service at orphanage home, Ahmedabad as a councilor for 2 years (2010-2012). My Aim and Objective in my life is to explore and excel in the field of my career as well as the other social activities which are beneficial to the upliftment of the society which makes me happy and gives satisfaction of work. I also want to work with the organizations seeking a quality environment where my knowledge can be shared and enriched and where I can skillfully contribute to the growth of the esteemed organization and become an asset to it.

**Mrs. Kranti Bandi**



## TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (.....holistic wellness and resort..... ) COUNCIL  
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### **BIO :- Mrs Ujwala Mukre**

*MSc (DFSM)*

Diabetic educator

#### **Type Text**

I am Ujwala, a nutritionist/dietitian. I have 20 + years of experience in dietetic and wellness field having worked in Cama and Albess hospital Mumbai, and wellness centres like Slim care Chennai, Blizz biosculpting, Ahmedabad and Dr. Kartik's clinic, Saarathi health care as consulting dietitian.

I love my profession and always like to be in touch with recent advances in the field and with a thirst to learn more each day. I promote health and wellness through practice rather than preaching. I am also a member of Pinkathon group which encourages women to lead an active lifestyle by walking, jogging running, yoga and other fitness activities.

My mission is to make a difference in people's lives by eradicating the root cause of diseases-unhealthy lifestyle choices. I want to help people by making lifestyle behavioural changes that last a lifetime. I want to empower individuals to create and follow self-determined action steps towards goals for a healthy and fulfilling



**Mrs. Ujwala Mukre**

# TYPE NAME & WICCI DESIGNATION

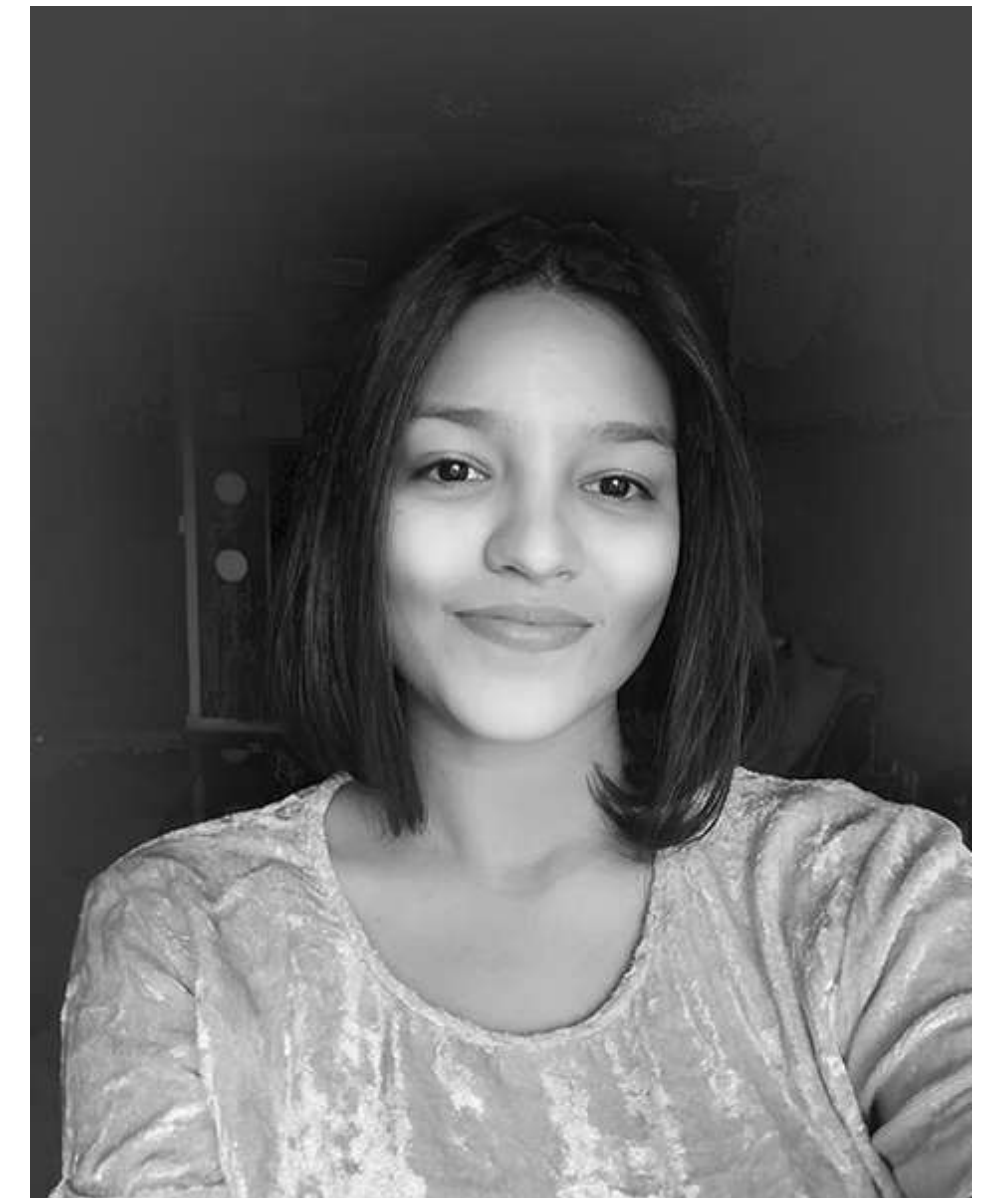
COUNCIL MEMBER, (.....holistic wellness and resort..... )COUNCIL  
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## **BIO :- Miss. Aashi Dhiman**

*Bachelor's in fashion designing , Adobe illustrator, Microsoft word Social tools:  
Instagram, Facebook Others: Content writing, organising and planning, design process*

## **Type Text**

Personal interests: Baking, Netflix, reading, enjoying singing and listening to songs, learning about the human brain, psychology and personal development.  
Why I decided to join WICCI:-I personally had this dream of helping and empowering women after I build my business successfully, and I used to think philanthropy work was something people do in their mature ages when they have fulfilled all their basic necessities. But when I got to meet the people of WICCI and listened to what they all had to offer to the society, I understood the magnitude of this platform and the opportunity offered to me. And I decided instantly I would do my best to be a part of this noble cause.



**Miss. Aashi Dhiman**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... )COUNCIL  
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## **BIO :- Mrs. Deepika Mody**

*M.C.A ,Digital Marketing Consultant ( 10+ years of experience) & Mandala Artist*

### **Type Text**

Managing Client's digital marketing work. Consulting startups and small businesses. Helping women entrepreneurs by training them in social media marketing.

Mandala artist. Taking workshops especially for women and kids. Corporate and group workshops. Helping people to relive their stress by training them in Mandala art therapy.



**Mrs. Deepika Mody**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
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**BIO :- Mrs.SUPRIYA SRIVASTAVA**

*Msc.(food science and nutrition)*

## **Type Text**

I am Supriya Srivastava , Nutrition and Fitness is my Passion. I am a qualified Dietician , holistic wellness coach and Reebok Certified Fitness Professional . I believe in transforming people with simple diet n regular physical workout. Promoting healthy lifestyle by providing practical knowledge about Food ,Nutrition n Fitness.

I am post graduate in Nutritional Science. Having work experiences of 6+years, got expertise from the India's renowned hospital Indraprasth Apollo Hospital New Delhi, many Gym and Health center.

NCC "C" Certificate with "A" grading in 2002

NCC "B" Certificate with "B" grading in 2001

Republic Day Camp in 2001

Attended PRIME MINISTERS rally in 2001

All India THAL SENA NATIONAL camp 2000

CHIEF MINISTER'S certificate in SHOOTING competition in U.P. and U.C. in 2000

Awarded silver medal in SHOOTING competition in U.P. and U.C. in 2000

Awarded GOLD Medal in MAP READING competition in U.P. and U.C. in 2000

Awarded as a Best cadet of the year



**Mrs. Supriya  
Shrivastav**



## TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
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### BIO :- Mrs. Kavita Kamble

*MBA (HR)*

Type Text

Ms. Kavita Kamble is a social worker and passionate about health and fitness. she guides people about food choice, balanced diet and give tips about health and fitness to her social network members. She did MBA (HR) from Amravati University.



**Mrs. Kavita Kamble**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
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**BIO :- Dr. Khusboo .M. Trivedi**

*B.D.S ( Gold Medalist)*

## Type Text

Dr. Khusboo Trivedi, owner of “Dr. Trivedi’s Dental World”. Me and my husband ( Dr. Malay Trivedi ( Pediatric Dentist) ) provide “ A- Z dental services” from pediatric (kids) to geriatric ( old age group ) people. I have completed my graduation from Rajiv Gandhi University with gold medal. And cosmetic and implant ology course by “IAOFE DREAMDERMA”. We have published many dental research related articles in dental practice, dent care, and many more journals.

Our main goal is to provide complete oral health care services, which will lead to healthy life. Simple smile designing procedure can boost any individual’s confidence. “No teeth to teeth in a day” can improve one’s health by solving food chewing habits . With help of dental laser black gums to pink and bloodless and flapless dental surgeries can easily be conducted. Mal-aligned teeth or gap in teeth can be straighten with braces and clear aligners. Even kids all dental services is available here with LAUGHING GAS . This can give you painless treatment experience.

“Spread smile and health through 32 teethpearl” .....



**Dr. Khushboo .M . Trivedi**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
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## **BIO :- Dr Shikha**

*Ayurveda and Yogic Doctor / Educator*

### **Type Text**

I'm Dr Shikha. I'm Ayurveda and Yogic Doctor. I have studied BAMS (Bachelor of Ayurvedic Medicine and Surgery) and PGDYN (Post-graduate Diploma in Yoga and Naturopathy) from Gujarat Ayurveda University, Jamnagar. WICCI provides global platform and opportunities towards growth in Holistic Approach to Health. It resonates with my goals of providing access and knowledge of holistic methods of treatment to every individual. The rising psychosomatic illness and complications of taking allopathy for the same is a real problem and it is equally important for individuals to take care of our mind. And I am grateful to work along with the excellent team put together by Ms. Shikha Kothari that will work towards achieving such bona fide goals.



**Dr. Shikha**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... (... holistic wellness and resort ..... )COUNCIL  
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**BIO :- Mrs. Hiral**

*Msc (food science and nutrition)*

**Type Text**

This is Hiral here, Goal Oriented nutritionist and Wellness Professional dealing in Life style, Diet Modification, Working on combination of Modern Science and Ayurveda to improve and achieve my clients health goals. As a Dietician i have come across cilents who believe in storing food in mind and dumping it in stomach and,so here my client process starts of helping, thriving, making them aware of What to eat? When to eat? Simultaeneously food of their taste.My speciality lies in DNA , Blood group diet and Weight loss, My expertize since 9yrs is dealing with clients having issues with weightloss problems, cancer, Diabetes Thyroid, PCOD and Hypertension



**Mrs. Hiral**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, ((... holistic wellness and resort ..... )COUNCIL  
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**BIO :- Mrs. kulindar dhiman**

**Yoga practitioner**

**Type Text**

Yoga practitioner since 10 years Learning and applying for yoga teaching certification. I wanted to always put myself to use for the society and the people. And when I got to know about WICCI I realised it is a great opportunity to help others and myself grow.



**Mrs. Kulinder  
dhiman**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... .. holistic wellness and resort ..... ) COUNCIL  
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**BIO :- Mrs. Padma Khati**

*Msc (food sci. and nutrition)*

## **Type Text**

Dietitian Padma Kathi has more than 8 years of experience. She has been always keen & enthusiastic about food. Loving food is easy & we all know that we need food for survival. She believes by implementing right correction's in diet. A balanced diet with proper nutrition can change person's health & lifestyle for a long term. Padma Kathi is a Dietitian based in Ahmedabad, Gujarati, India. She is a weight loss diets expert. She is helping people to reach to their health related goals with her balanced yet yummy diets plans, as per lifestyle & with moderate physical activity. She provides weight loss diet consultations online. Online diet consultation, customized online diet plans, personalized diet chart are provided for services like balance and healthy weight loss, healthy weight gain, control and manage diabetes, healthy online diabetic diet, weight loss for kids, diet for pregnant women, post pregnancy weight loss, PCOS, healthy lifestyle program and other disease management. Healthy Mantra helps you to reach your goal step by step with their guidance & motivation." Don't just sit & think to start healthier lifestyle. Just make up your mind, bring your thoughts to action & see the change that tastes better.

She is passionate about spreading health awareness among people and WICCI platform is big platform to reach maximum people.



**Mrs. Padma Khati**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL WICCI

**BIO :-Mrs. UNNATI SHAH**

*Master in library science, Medalist*

**Type Text**

I m astrologer, vastu consultant numerologist, reiki master, seven chakras healer, motivational speaker, crystal healer.

She believes in equality and empowerment for women in every field.

She involves in activities like raising the status of women through education, awareness, literacy and training.

According to her empowerment could be defined in five separate categories social, educational, economic, political and psychological.

She is passionately working on her vision.



**Mrs. Unnati shah**

## BIO :- Dt.SALONI CHAUHAN

*Diabetes Educator Naturopathy Consultant*

### Type Text

Member of Indian Dietetic Association. Experience in dietetics in different Health Care setups. Working with T.P.M.I. as a lecturer since 2010. Member of international naturopathy organization. I have written of many articles in science magazines. Conducting Nutritional Talks. Member of Advisory Comity at Eat Right Project (Gov.) . Appreciation award by Bhavnagar Heritage. Appreciation Award from Science City. Runner up LG Malika E Kitchen season 8 Certificate of MNT for COVID-19 principles and practice. Diploma in Human Health – Diet and Nutrition from Allison And many awards and certificates received.



**Dt. Saloni Chauhan**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
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**BIO :- Mrs. Kavita Arekar**

## Type Text

I am preschool teacher but as u know in lockdown all schools get closed. In lockdown some months i enjoyed with family, cooking but after that i m getting restless as i m doing nothing apart from housework , cooking. So i started thinking what to do so that i m engaged and others also get benifit of my small business ..finally i decided to start business of home made mix & premix like dhokla, handvo mix, cake premix, farali flour mix etc. As i m making mixes in my home & by myself ..day by day demand stars increasing. My spare time gets utilised & i enjoyed this work. I m self satisfied. My aim is providing quality food rather than quantity. Now i also started home made cake business. There is full support of my family members to me. I have some knowledge of madhubani painting. I like to do social work as i was past president of Inner wheel club of Sarigam in year 2014-15. I m from Ahmedabad.Thank u WICCI platform for allowing me to share my thoughts.



**Mrs. Kavita Arekar**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
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## **BIO :- Himani Modi**

*Diabetes Educator Naturopathy Consultant and certified nutritionist*

## **Type Text**

I am a Certified Nutritionist by VLCC Institute and Diabetologist by NDEP. Also served as clinical dietitian at HCG Hospital, Ahmedabad. My work areas are diabetes, HTN, hypothyroidism, PCOD, pregnancy, menopause, and obesity. I have worked as a diet consultant and diabetic educator for patients and clients of Dr. V.K. Abhichandani (Diabetologist) and worked with him, in many medical camps to educate and guide people about pros and cons of diabetes. Also, I have specialization in naturopathy which deals with detoxification of the body without help of allopathic medicines. -> Currently I am also working as a Life Insurance Corporation(LIC) and GIC with New India Assurance Agent. 2016 Corporate Trophy by Branch manager 2019 Matruvandna Trophy 2020 Republic Day flag by Ahmedabad Division (lic) 2021 Honouring By Our Worthy Mr DM Sir With Corona Warriors Trophy 2021 Azadi Utsav competition trophy By Branch manager



**Mrs. Himani modi**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
WICCI

## BIO :- Mrs. Kirti Manish Surve

### Type Text

I am a Master Numerologist, Graphologist, Signature Expert, Drawing Analysis Expert, Astrology and Vastu Expert. I want to reach out to at least 100000 people so that I can transform their lives and ease some of their troubles. I want to spread happiness in people's lives. Have started tutoring people and teaching them about Numerology, so that I can spread awareness of this wonderful science to as many people as possible. So far I have influenced many such people's lives from all over India and have clients from Canada as well.

Services I provide as follows

- Numerology
- Matchmaking
- Year planning
- Name correction
- Signature correction
- Drawings Analysis
- Astrology
- Vastu



**Mrs.kirti manish surve**

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
WICCI

**BIO :- Mrs. Ruby gupta**

**Type Text**

I am a certified Yoga teacher from Lakulish University and ayush mantralay.

I have 10 years of experience as a Yoga instructor, teaching yoga to different age groups.

I have worked as a Yoga teacher with Laddoo Foundation(NGO) School of Orphanage, Balram ashram shala.

Also, I have won award as NCC Cadet in "2 Bihar Girls Bn NCC (Certificate: A,B,C),

and have represented the state/NCC Directorate at Republic Day Camp and

Prime Minister's Rally in 1986).



**Mrs. Ruby Gupta**



# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
WICCI

**BIO :- *Tripti Suman***

***BE(Electronics and Telecommunication)***

**Type Text**

My name is Tripti Suman. I have pursued my engineering in Electronics and Telecommunication. Right now I am associated with an IT firm in Ahmedabad, as a software engineer.

I have experience in tutoring students in Maths.

I want to share my knowledge and learnings to younger generations, and upskill them.



***Tripti suman***

# TYPE NAME & WICCI DESIGNATION

COUNCIL MEMBER, (... holistic wellness and resort ..... ) COUNCIL  
WICCI

**BIO :-Archana Nair**

***Bachelor's degree in Design majoring in Fashion***

**Type Text**

As a woman, I deeply resonate with situations that are good as well as challenging for women and WICCI aligns with my values and generates opportunities for women along with the society's well being. Therefore, I am grateful to play a small part in this team that will create a huge impact together for a better future.



**Archana nair**



# SUPPORTED BY

WICCI is supported by the massive global networks of ALL Ladies League (ALL), Women Economic Forum (WEF), and SHEconomy.

ALL is a movement of 'Sisters Beyond Borders.'

WEF is a platform for 'Business Beyond Borders.' SHEconomy is e-commerce for women worldwide in Goods & Services for 'Commerce Beyond Borders'



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**SHECONOMY**

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