

WICCI COUNCIL NAME (TYPE TEXT)



**WOMEN'S INDIAN CHAMBER
OF COMMERCE AND INDUSTRY**
www.wicci.in

Council Vision & Mission

VISION: We envision on creating awareness and acceptance for mental health. We aim on creating a healthy mental space for women of our state. We intend to share our understanding of the importance of mental health to the youth and parents of our state. Our objective is to bring betterment to the mental health status and happiness quotient of the state.

MISSION: To reach our goals, we plan on reaching out to people through offline and online medium. The online measure of promoting mental health through interactive posts, group sessions, Instagram live, reels, interviews, quiz and by keeping open platform for group discussions. The offline medium will be practiced by reaching out to students of different colleges, mental health practitioners, nursing school students, housewives, through workshops and seminars.

*Welcoming
Council Members to
WICCI*

*President, Vice President
and 20+ Nominated
Council Members*

Dr. VARSHA VARWANDKAR

President, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Varsha Varwandkar (Ph.D), is a Career Counsellor, an Educational Psychologist, Counselling Psychologist, a Counselling Psychologist, a Motivational Psychologist, a Behavioral Counsellor and a Parenting coach.. She has been working in the career counseling domain since last 20+ years. She is the Director of Myaglakadam, a platform which tends to provide a roadmap from Education to Career success to all our young travelers. She is the Owner of F S Management India Pvt Ltd ,Raipur, which has been running since 1997. Her passion is to support students take right career decisions and help them escalate in their career journey. She has successfully counseled more than 1.75 Lakh students across India and helped them to reach their goal. She has been awarded with 3 gold medals for her exceptional performance in the field of education.



ANN KURIAN

Vice President, Chhattisgarh Mental Health Council, WICCI

BIO :-

Ann Kurian, a Counselling Psychologist, is a PGT Psychology at Delhi Public School, Raipur, a subject committee member at Chhattisgarh Board of Secondary Education, an Educational Counsellor, a speaker, a co-writer of two books and an improv artist. She Secured Gold Medal for first position in Masters of Arts in Psychology. Her objective as a counsellor, to reach out to those in need of counselling and to make counselling accessible to all.



DR. AMBA SETHI

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Amba Sethi (MBBS, Ph.D), is a clinical psychologist,, therapist, student counsellor at Delhi Public School, Raipur, counsellor at women police station, certified NLP practitioner, life coach & cognitive hypnotic psychotherapist, guest/ visiting counsellor at various management institutes and colleges, a practicing doctor as general physician, Visiting Faculty for motivational talks for Sahaj Marg & Terapanthi Samaj, member of special branch of Chhattisgarh Police dealing with harassment of women at the work place. She conducts workshops on Youth Empowerment through Life Skills, ISHMA, workshops against Child Sexual Abuse and Corporal Punishment for Child Rights Protection Commission. She is a Master Trainer for Chhattisgarh - Protection of Child Sexual Abuse. She conducts Trainings and Workshops for The Dept. of Women and Child Development, Govt. of Chhattisgarh, Training on Stress Management for Police Employees at Police Training School, Mana, Chhattisgarh, Trainings on Emotional Intelligence, Anger Management & Time Management.



DR. ANJANA PUROHIT

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Anjana Purohit (Ph.D), is an Assistant Professor at Govt. Arts and Commerce Girl's College, affiliated from Pt. Ravishankar Shukla University, Raipur. She has more than 30 years of experience in the field of teaching. She has organized led many camps and programs promoting mental health awareness.



DR. GAUTAMI BHATPAHARI

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Gautami Bhatpahari (Ph.D), is an Assistant Professor with 14 years of experience teaching graduate and postgraduate courses in psychology, a resource person for mental health workshops, motivational speaker and psychologist. . She is the –Vice President and Founder Member of Psychological forum of Chhattisgarh and Joint Secretary& Life Member of Shakti Vigyan Bharti Chhattisgarh. She has been the organizing secretary for International webinar on ‘Psychological Health And Wellbeing: Current Issues And Challenges’ and Awareness Program on World Mental Health Day 10 October "Face-off with COVID - 19“. She is a resource person on career guidance, mental health, personality development and emotional intelligence. She holds the responsibility of preparing syllabi, curricula work plan, reading materials, tests and exam papers for the university students. She initiated the celebration of world mental health day to promoted mental health awareness at many colleges.



DR. LEENA RAMAN

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Leena Raman (Ph.D), is a renowned counseling psychologist with great experience. She is a resource person, motivational; speaker, general practitioner. She specializes in dealing with issues like depression, stress, relationship conflicts, anxiety. She actively promotes mental health awareness through various platforms online and offline.



DR. MANISHA MIRAL

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Manisha Miral (Ph.D), is a clinical psychologist is a Counsellor and Psychotherapist. She has conducted workshop for positive thinking and positive attitude, parenting with L and T Cement Factory, Hirmi and workshop for students on Personality Development at Rai University, Raipur .She was a guest speaker/counsellor at MPCON(MP Consultancy Org.). She has also been awarded as the "Young Scientist Award for Behavioral Science" by MP Council of Science and Technology (MAPCOST). She has also conducted workshop on Psychological testing for teachers at Bhilai Steel Plant Schools, Bhilai. She conducted research work on employees and their families to know about quality of life at UltraTech Cement Plant, Hirmi. She conducts seminar on importance of psychology for education and career counselling for students at Ambuja Vidhyalaya, Ambuja Cement works..



DR. MINI ALEX

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Mini Alex (Ph.D), is an Assistant professor of Psychology at Pt. Ravishankar Shukla University, Raipur, with over 30 years of experience. She is the Treasurer of CAAP, Academic Counsellor of IGNOU, Member of BOS for different colleges and universities. She was appointed as Online Counsellor by Psychological Forum Chhattisgarh in 2020 and acted as a Nodal Officer for Sanchar Kranti Yojana Mobile Distribution. She was awarded by Yuva Shakti Abhiyaan for active contribution and participation. She actively holds workshops and sessions promoting mental health. She develops and shares e-content on YouTube regarding for psychology subject learners and explorers. She has been an organizing secretary for Counselling Skill Development for P.G and P.G.C students at Govt. D.B. Girls P.G. College, Raipur. She is an eminent writer and has many of her write-ups and researches published.



Dr. Mona Makhija

Council Member

BIO :-

Dr. Mona Makhija (Ph.D), is a Consulting Psychologist, Soft Skills Trainer, Psychotherapist , Educational Counsellor, Cognitive Behavioral Therapist, Student Counselor, Guest Lecturer of psychology. She actively promotes mental health through awareness programs.

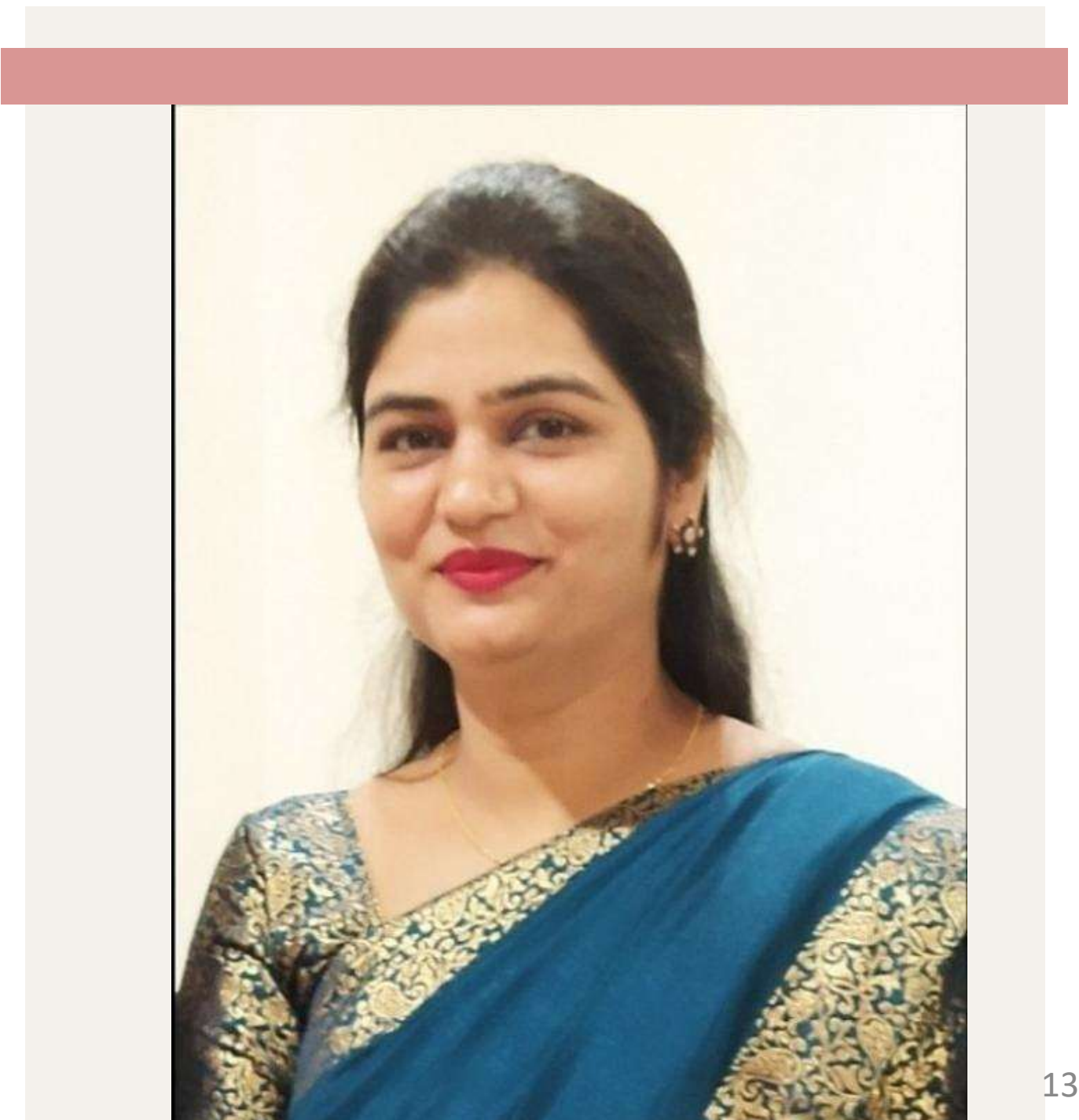


DR. SHAISTA ANSARI

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Shaista Ansari (Ph.D), is an Associate Professor, Clinical Psychologist and Counsellor. She has more than 10 years of teaching experience in the subject of psychology. She is currently working as Head & Associate Professor in Dept. of Psychology, School of Arts & Humanities ,MATS University Raipur. She is the Secretary, Research Supervisor Recognition Committee, MATS University Raipur (C.G.) She hold the position of Process owner IQAC, MATS University Raipur. Her exemplary research works have been published in many international journals.

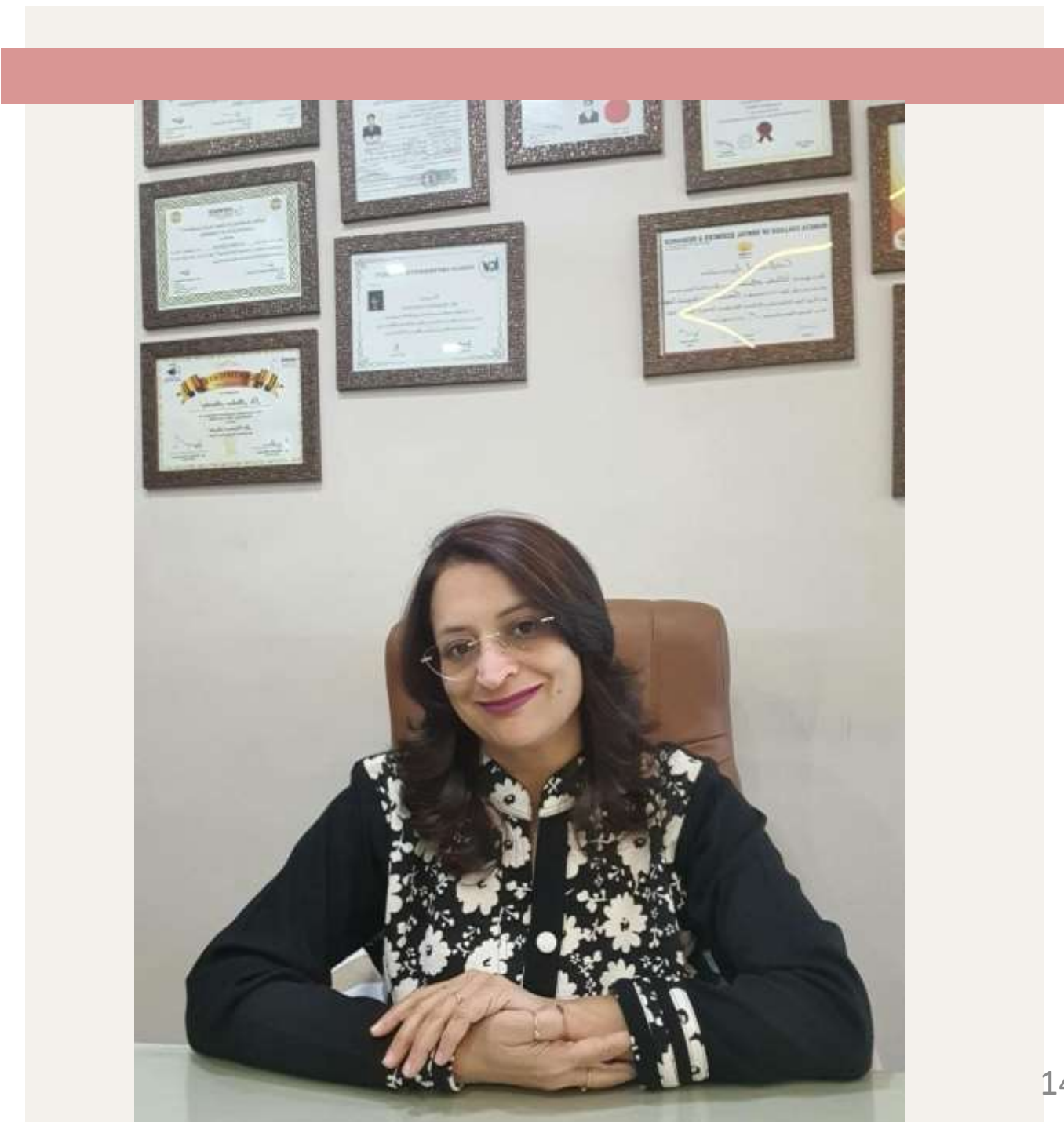


SHAMA HAMDAMI

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Shama Hamdami, is a Clinical Psychologist for multiple organizations, a motivational speaker, resource person and psychotherapist. She conducts Workshop on Workplace Stress Management (for Nagar Nigam staff, Police Department, Medical Officers, ANMs, Mitanin, Anganbadi Workers). She conducts workshops and webinars on Mobile/Internet/Social Media Addiction, on Gaming Disorder, on Exam Stress Management for School & College students, Stress Management during Pregnancy, Life Skills Training for School & College Students. She is currently pursuing Ph.D from Pt. Ravishankar Shukla University, Raipur.



DR. SIMI SHRIVASTAVA

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Simi Shrivastava (Ph.D.), is Rehabilitation Psychologist, special educator and Rehabilitation Practitioner in Mental Retardation, guest Lecturer.. She is currently working as Director Projects And Research Aakanksha Lions Institute Of Learning And Empowerment. She was Worked as Founder Principal , Aakanksha LSMH, as Co.Ordinator and Asso.Professor of Psychology for D.Ed.Sp.Ed.(MR , Worked as State Co-ordinator for conducting National Programme For Medical Officers In PHC on Disability Management and has been aco-ordination for many such organisations.



DR. TARANNUM SARWAR DANI

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Dr. Tarannum Sarwar Dani (Ph.D), is an Assistant Professor, and a counselling psychologist. She worked as a visiting Lecturer for Deptt. of ENT, Pt.J.N.M. Medical College Raipur C.G.), Govt. Physiotherapy College, Raipur (C.G.). She was a project fellow at CCOST(Chhattisgarh Council Of Science & Technology) Mini Research Project. She worked as a School counsellor at Shri Gujrati English Medium School, Raipur. She received University award 'Late Dr. S.N. Upadhyay Smriti Gold Medal' and 'Pt. Ravishankar Shukla University Gold Medal' for securing first position in merit list in M.A.(Psychology). She has been the resource person of CRI Programme on management of behavior in classroom and home sponsored by RCI. She has participated in many conferences and workshops and FDP. She has some exemplary research papers published in both national and international research journals.



MONIKA SAHU

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Monika Sahu, is a special educator and an educational counsellor with 7+year of experience. She intends to provide guidance and motivation to student's aged 7 to 18 regarding, career development academic, achievement, social behavior and mental and physical health. She worked as a special educator and educational counsellor with many organisations. She as worked as an Assistant Professor at Rungta College of Science and Technology, Bhilai. She has conducted many webinars on parenting, on how to overcome personal, social and behavioral issues. She conducted specialized counseling sessions for students with disabilities and behavioral issues.



KANAK GOVARDHAN

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Kanak Govardhan, is a clinical psychologist, a rehabilitation counsellor, and a social educator. She has clinical experience of over 18 years in the field of developmental disorders and clinical experience of adult mental health and counselling of over 15 years. She is an executive member of special school (for lifetime) and special education guide, honorary counsellor at career point world school , bilaspur over 10 years and honorary counsellor at champa ashram for leprosy .



SHIVLI S. SHRIVASTAVA

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Shivli S. Shrivastava, Counselling Psychologist, Sexuality Educator and PhD scholar researching on Mental Health Education. She also is the Co Founder - Director of ShivtensityTM, which provides safe-inclusive space for dialogues around Sexuality, Disability & Mental Health Education through workshops, trainings and consultation sessions. She is Co - Founder, CEO at Shivtensity Private limited. She has work rich experience with The Alternative Story, Bangalore/ Mumbai Muktha Foundation, Talaash Association and Headstreams, Bangalore WorldReady Education, Mumbai UNICEF Chhattisgarh Chhattisgarh State Commission for Protection of Child Rights Dhanwantri Hospital, Ravishankar Shukla University, Degree girls college, Delhi Public School, NH Goel School, Raj Kumar College, Radiant Way school etc.



SUJATA BANERJEE

Council Member, Chhattisgarh Mental Health Council, WICCI

BIO :-

Sujata Banerjee, is a educational counsellor, clinical counsellor, resource person for workshops related to mental health awareness. She worked at The Ramakrishna Vivekananda Vidyamandir, Deoghar (JH) as the school counselor and teacher. She worked in the Project 'Development Of Training Module for Anwesa Clinic Counselors' under Department Of Applied Psychology, University Of Calcutta as Content Developer and Program Assistant. She provided guidance to students pursuing Psychology in their XIth and XIIth standard, Bachelor's Degree course and also to WBCS aspirants who have Psychology as their Elective subject. She had worked with Dr.Anadi Ghosal Memorial Centre (Mind &Brain Clinic) as a Junior Counseling Psychologist. She worked as Trainee Counselor under the guidance of qualified counselors at Karuna Foundation, rehabilitation Centre for individuals suffering from substance dependence disorders at Kolkata.



SUPPORTED BY

WICCI is supported by the massive global networks of ALL Ladies League (ALL), Women Economic Forum (WEF), and SHEconomy.

ALL is a movement of 'Sisters Beyond Borders.'

WEF is a platform for 'Business Beyond Borders.' SHEconomy is e-commerce for women worldwide in Goods & Services for 'Commerce Beyond Borders'



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SHECONOMY

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