

# LIFE SKILLS COUNCIL



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# Dr. KUILJEIT UPPAAL

NATIONAL PRESIDENT – LIFE SKILLS

Karmaveer Chakra Awardee

World's First Image Scientist,
Impact Strategist, Inventor, PRIM Specialist

& Humanitarian

# **SIVAMBIGA ATHIANNA**

NATIONAL VICE PRESIDENT – LIFE SKILLS

Director

A & P Human Capital Solutions Pvt. Ltd



# **NATIONAL COUNCIL - LIFE SKILLS**



Dr. Savita Date Menon Clinical Psychologist Wellness Specialist



Purva Chadha Sr Vice President – Primus Partners



Dr. Shubhalaxmi Acharya Behavioural Scientist, Founder – Mind Elements



Anu Wakhlu Chairperson – Pragati Leadership



Dr Sandhya Anvekar Chairperson, Dept. of Studies in Business Management, VTU



Purnima Kamble Partner- Fox Mandal & Associates



Tanvi Kaur Clinical Psychologist – Mind Matters



Sukanya Patwardhan VP -Learning and Orgn Dev Jade Global Software Ltd



Prianca Ravichander General Manager Ace Urban Group



Dr. Yogita Narang Social Scientist & Professor



Dr Veena Panicker Director – Com Mktg Merck Lifescience



Deepali Narula Marketing & Events Professional , Life Coach



Nivedita Tiwari HR Biz Partner Gus Global Services



Rajshi Jain President – Brij Bhoomi Foundation



Kulpreet Freddy Vesuna Founder & MD –Impact Public Relations Pvt Ltd & LiveRich



Baldeep Kaur Founder & CEO Inspiring Evolution



Aruna Singh Founder & Chairperson Wings For My Dreams



Dr. Sweta Mohapatra HR Practitioner & ICF Coach



Kamna Chhibber Head – Mental Health & Behavioural Sciences - Fortis Healthcare



Dr. Aastha Sacdeva Founder – Counsoul & Counseling Psychologist



Rosalin Mohanty
Co Founder & Vice President
Cozentus



Dr. Channanmma Kambara Asst Prof - Centre for Research in Urban Affairs, ISEC





In today's times, the dynamics of functionality at a personal or professional level have ushered the need for robust life skills that can aid the individual to deal with myriad pressures as well as work with competence to face the realities of life. In other words, life skills are 'the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life so as to address a balance of three areas- knowledge, attitude and skills. The skills of knowing and living with oneself, with others, as well as the ability to explore, rationalise and establish effective behavioural iterations for oneself is imperative for evolution and productivity.





# **VISION**

To create a powerful and enriching eco-system of life skills for the nation that builds the psychosocial, interpersonal and affective capacity of an individual in multiple areas to develop coping mechanisms and self-management skills that can effectively combat challenges, and help individuals evolve towards self empowerment and success as professionals in business, industry and commerce across all sectors and fields.





# **MISSION**

The WICCI National Council for Life Skills endeavours to operate and create well defined policies, systems and processes, as well as engage with the population, in conjunction with the globally recognised concepts of Life Skills and their pertinence and applicability for Indian culture and progressive thought in the current dynamism.



# **LIFE SKILLS - MISSION**

- 1. Create Awareness of the Concept of Life Skills: UNICEF, UNESCO and WHO have listed ten core life skills that include problem solving, critical thinking, effective communication skills, decision-making, creative thinking, interpersonal relationship skills, self-awareness building skills, empathy, and coping with stress and emotions. The Council will work towards creating the awareness and relevance of the skills among professionals and aspiring professionals across sectors.
- 2. Research and Development: The Council shall research and create iterative models and systems for implementation of knowledge dissemination to the target group, as well as for policy creation. It would also indulge in research paper writing and comparative analysis of traditional approaches and global systems in the area. Empirical testing and validation of models would be employed through research surveys, for scientific credibility and proven ways of transformation.
- 3. Skill Interventions and Knowledge Dissemination: The Council shall engage with business units, entrepreneurship institutions, start-up incubators, corporate houses, higher education establishments and other groups across domains to familiarise and disseminate life skills training through specially devised Life Skill Centres and Circles of Excellence in order to work toward balancing knowledge, skills and attitude.
- 4. Opportunities for Enhancement of Life Skills Across Domains: The Council will explore opportunities to engage with groups and organisations that need assistance for knowledge sharing.

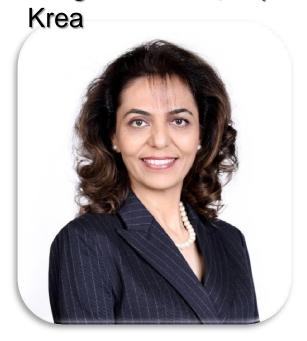


# **LIFE SKILLS - MISSION**

- 5. Life Skills Community Network: Knowledge grows multi-fold when the expanse of knowledge givers is unlimited and vibrant. The Council shall work towards the creation of a network of experts and practitioners in the area of life skills and related domains. This shall not only strengthen the mission of the Council, but also allow quick and effective osmosis of the subject matter in diverse communities of engagement.
- 6. Community Engagement: The Council shall create ways to engage with the community at various levels in person or digitally, to aid direct learning and facilitation and thus effectively engage with the population as 'friends of hope and resolve', where there is scope for the community to openly share their feelings, feel a sense of belonging and mutually strengthen each other withing the group.
- 7. Life Skills Exchange Programs: The purpose of knowledge is to grow and effectively impact the receiver in her journey of evolution. The Council shall encourage and facilitate knowledge sharing within the states of India, at national level and at a global level by way of engagements like conferences, events, webinars etc. to equip the knowledge base for a better prepared global society.
- **8. Policy Creation**: Evolving times usher evolving methodologies, and thus it is important for to create novel ways of enhancing life skills across all levels, profiles and sectors. The Council shall build legit policies in the area and suggest the acceptance and implementation of the same to the Government of India, for woman empowerment and a better conditioned society.

# Dr. KUILJEIT UPPAAL

Image Scientist | Impact Strategist | Inventor | Educationist | Author | CEO –



Dr. Kuiljeit Uppaal, the 'World's First Image Scientist' and 'Genius Polymath' has been honoured with several awards for excellence in the world of innovation, education and social impact including the prestigious 'World Innovation Award - Hall of Fame Honour' 2019; 'Shiksha Bharati' Award 2020; 'Innovative Education Leadership Award for Excellence in Social Innovation & Global Impact' 2019'; World Education Award 2018 for Innovation; 'Naari Udyamita Puraskar' 2018 by the MSME Ministry & WES and has also been conferred with the esteemed honour of 'Karmaveer Chakra Award' by the United Nations and iCongo, as well as 'National Icon 2020' and 'The Pride of Maharashtra' 2017.

Dr. Kuiljeit Uppaal has been awarded with the esteemed 'Inspirational Polymath Award' being an Image Scientist, an Aviator, an Entrepreneur, a Creative Director, an Author and an Educationist amongst other hats that she wears. Dr. Kuiljeit Uppaal is an 'Asia Book of Records', 'World Records India', 'Bharat Book of World Records' and 'India Book of Records' holder for being the First Image Scientist in the World! Dr.Kuiljeit has researched and created innovative concepts like PRIM, D-PRIM, PRIMEA and PIQ, the world's first ever Persona and Image Quotient and has been applauded the world over, for her work. She has written several research papers, book chapters and books. She also has expertise in Psychometrics, NLP, Colour Analysis and Creative Movement Therapy.

# NATIONAL PRESIDENT



With over 3 decades of work experience in varied industries, as well as Advisor / Office Bearer of many women organisations around the world, this amazing 'Impact Strategist' has made India proud in her area, apart from being an inspirational humanitarian who has been impacting thousands of lives globally on her mission to make a powerful difference to the persona and image of individuals and enhance life skills across the globe.

# **SIVAMBIGA ATHIANNA**

# Director – A & P Human Capital Solutions Pvt. Ltd



Sivambiga is an International Human Resources professional with 18+ yrs of experience gained across industries and geographies. On one side she enriched her exposure to corporate nuances by associating as a consultant with global powerhouses in the industries of BFSI, Agriculture, Pharma, Healthcare, IT/ ITES, KPO and other sectors. On the other side she continues to expand her horizons in decoding 'Human Mechanics' through various global immersion programs and certifications on CBT/ REBT/ NLP. She believes, that diversity and inclusion plays a vital role in any organisation that would like to grow global. Her insights are, Life Skills aligned with Emotional Intelligence, contributes to phenomenal personal and professional advancements. To enable Life skills mastery she has embarked her journey into learning Integrated Somatic Psychology, Choice Theory and Reality Therapy.

She has been an Asst Professor in Management studies in one of the Top 5 Indian Universities before venturing into exploring the arena of human dynamics and also was an acting mentor for NEN to help aspiring students venture into entrepreneurship. She relentlessly supports "Returning Moms" to work concept. As a cultural and value add gesture, Siva has mentored not only the women fraternity but also from young kids to teenagers in shaping their vision to Goal setting. Young minds transformation, to overcome individual and social hurdles are also her unique initiatives. Giving back to Country and People are her embedded values, that she loves and lives by.

# NATIONAL VICE PRESIDENT



# Dr. SHUBHALAXMI ACHARYA

Behavioural Scientist | Founder – Mind Elements

Focus Areas : Content, Counselling & Skill Intervention Strategies

Dr. Shubhalaxmi Acharya is the Founder of Mind Elements and has developed a unique Core Mindset Mapping © tool that has received the copyright certificate from Government of India, thus recognized as a Behavioral Scientist in both corporate and social world. With this tool large corporates are redefining their organization chart based on behavior which makes them identify the Business Mind and Leadership Quotient. It also helps Start Ups for Co-Founder Matchmaking.

She has over 18 years of experience with expertise in Human Behavior Sciences, Talent Sourcing and Operations and is the author of 'Core Mindsets @ Work'. She has received the certificate of excellence for Quality Assessment at Jayshree Textiles( Linen Club brand) by IMC-RBNQA Trust. Having interviewed over 5000 professionals she believes when behavior is linked to a business/profession/job role/career/education stream and is synced with the individual mindset, there is Clarity and Focus in the thoughts and actions. She is key note speaker at various Corporate events addressing on 'Behavior Dynamics'. She has written articles for various chamber magazines. She has been acknowledged by CIILS, Mumbai University as an external expert in Leadership Testing and Analysis. Her Mission is to connect Focus to Fortune by helping individuals get Clarity in Purpose and Commitment to pursue their dreams.



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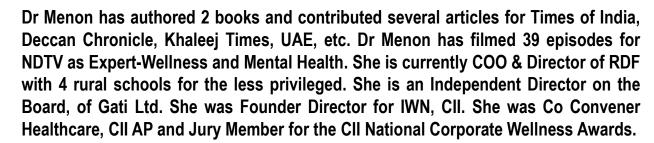


# Dr. SAVITA DATE MENON

Clinical Psychologist | Wellness Specialist

Focus Areas : R & D, Content, Counselling & Skill Intervention Strategies

Dr Savita Date Menon, PhD has worked over 30 years with Tata Steel Hospital and Apollo Hospitals. She received two Quality Awards in Out Patient and In Patient services. She helped set up Apollolife, the Wellness Company of the Apollo Hospitals Group and pioneered the concept of Rehab & Rejuve with Holistic Studios. She consults one on one and conducts Workshops in all areas of Mental Health & Positive Psychology, covering Parenting issues, Children and Developmental issues, Relationship and Marital counseling, Stress and Burnout, , Smoking & Drug Abuse, Behavior and Sleep Rehab & Relaxation, Assertiveness Training, Gender sensitization, Women & Health. She also specializes in School Health, Corporate Wellness and Chronic Disease Management for Hospitals, Insurance Companies, Corporates and MNCs in India and Overseas. Dr. Menon was co Faculty, Harvard Medical School (USA), for a series of Lifestyle Medicine seminars conducted in India in 2006. She is Faculty, Apollo Medical College and other Medical & Engg colleges. She has worked with Intellectually Disabled Children and Special Olympics International as the Global Clinical Advisor India.





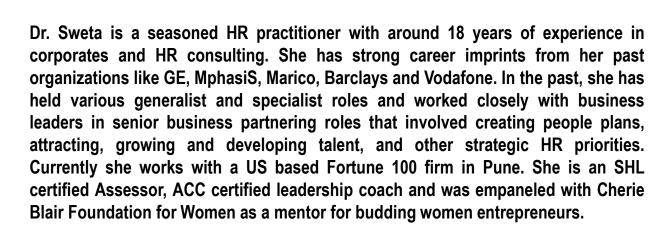
**National Council Member** 



# Dr. SWETA MOHAPATRA

HR Practitioner & ICF Coach

Focus Areas: R & D, Research Content and Skill Assessments



She was nominated for the prestigious fellowship by Vital Voices, Washington DC in 2015 and is now a part of a global network of women change makers around the world. She was recognized as top 25 innovators in western India at Innovation India Initiative, 2017, organized by the Confederation of Indian Industry and recognized among top 100 Global Diversity and Inclusion Leaders, by World HRD Congress in 2018. Besides having published in international journals, she also speaks in various corporates, academic conferences, B-Schools and industry forums on contemporary HR practices and topics.



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# **National Council Member**



# **ANU WAKHLU**

# Chairperson – Pragati Leadership

Focus Areas : Social Welfare Policies & Strategy

Anu Wakhlu is the author of the book Time and Life Management, Co-founder and Chairperson of Pragati Leadership, Executive Director of Pragati Foundation, Ashoka Fellow and working on projects related to Women's Health, Capacity Building of NGOs and Creating partnerships between Corporates and NGOs. Best known for 'making things happen' through her patience and perseverance. – that is Anu for you. Also, she is the National President (India) for Soroptimist International, an organization dedicated to the growth and empowerment of Women worldwide and received two awards around women.

Anu was also instrumental in launching CoachMantra™, which is an exclusive brand focused on offering Coaching solutions to organizations. Anu belongs to the elite Master Certified Coach (MCC) group of the International Coach Federation (ICF). She is a strong believer in the 'power of women' at the workplace and is acknowledged as a stellar Executive coach for senior leaders in the industry. Anu inspires women leaders and top talent to discover their purpose and vision as leader.

# Dr. AASTHA SACHDEVA

# Founder – Counsoul & Counseling

**Psychologist** 

Focus Areas: R&D, Content Creation & Skill Intervention

Dr. Aastha is a Consulting Psychologist. She is the founder of CounSoul, through which she enables students, parents and clients to make prolific independent decisions and become emotionally and psychologically strong individuals. She regularly conducts workshops, seminars, guest lectures on themes like stress management, examination anxiety, skills to face job interviews, psychosocial concerns like body image, compulsive behaviour, relationship conflicts, career decision making and the like. Her workshops on Sexuality Education, Lifestyle Management and Digital Detox Programmes have been very well received across schools and Universities like, D.U, N.I.T, Amity, IILM etc. She has conducted many webinars addressing students, parents, educators and employees on mental health and shared tips and techniques to help the audience deal with the unprecedented times during the ongoing pandemic.

**National Council Member** 



She is a blogger by passion and loves to write about variety of issues that concern the human behaviour. She has been invited by the NDTV to speak on Mental Health to create awareness among the youth on World Mental Health Day. She is a recipient of an award from the MHRD for excellent delivery of her students' results in Psychology. Her online videos for the CBSE curriculum of Psychology have been produced by the Sahara Group and available online.



# **TANVI KAUR**

Clinical Psychologist | Creative Expressive Arts

Therapist

Focus Areas: R & D, Content Creation & Skill Intervention

Tanvi Kaur is a RCI registered Clinical Psychologist at Minds Matter, a mental health clinic in the national capital. She is also a certified Creative Expressive Arts Therapist. She has studied Cognitive Behaviour Therapy, and Clinical Hypnotherapy from California Institute. She is also a Member of the California Hypnosis Institute, USA.

Tanvi has worked and trained at some established institutes such as Army Research and Referral Hospital (Delhi), Air Force Central Medical Establishment (Delhi), Umeed Vocational Training Centre- Air Force Station (Delhi), Neuropsychiatry Dept. NIMHANS (Bangalore), Post Graduate Institute (Noida), Fortis Memorial Research Institute (Gurugram).

Tanvi is an avid researcher and has written research papers in her area. She works with individuals and groups of all ages, with varied range of mental health issuespsychiatric, psychological and social. She has also conducted workshops/talks in schools and corporates on prevailing issues. Her interest lies in amalgamating the clinical approach with her training in the creative art therapies, in the clinical setting.

# **PURNIMA KAMBLE**

## Partner – Fox Mandal & Associates

Focus Areas : Legal Support, Policy Empowerment Strategies

Purnima heads the firm's Hyderabad practice. She has twenty years of experience in the areas of corporate and commercial law including legal consultancy in foreign investment, infrastructure projects, joint ventures, merger and acquisition, capital structuring, land acquisitions, property related issues and civil and commercial litigation. She also has extensive experience in issues relating to structuring of foreign investors'/ventures in India including investment in JVs, restructuring of capital, amalgamations, mergers, acquisition of existing companies/business and other investment related aspects including, funding options, regulatory compliances required for such investments, compliance with taxation laws, well as drafting legal documentation for establishing business relationships in India.

Purnima is also a specialist in the practice of Real Estate law and is a sought-after advisor on various aspects of commercial real estate including acquisitions, development, planning, leasing, financing and disposals. She also advises on the real estate aspects of corporate transactions such as M&A.

As a special interest in women related issues, Purnima works actively in respect of matters related to Sexual Harassment at workplace for which she has conducted workshops and training sessions with CII within last 3 years, also she is a member of Internal Complaints Committee in many Multi-National Companies (MNCs) and conducted many enquiries along with handling live cases.



## **National Council Member**





# Dr. SANDHYA R. ANVEKAR

Prof & Chairperson, Dept. of Studies in Business Rengelerne Region, VTU

Focus Areas: Govt Policies and Skill Development Strategies

Dr Sandhya R. Anvekar, an educationist, counsellor and holistic healer holds a Doctorate in Business Management specialised in Marketing. She has a very vast experience of more than two decades in academics and research in management studies. Dr Sandhya is a recipient of four awards conferred for achievements in research and women excellence. Passionate about women empowerment and social responsibility she has an exposure on research on women in projects from TISS, IIM and Govt of Karnataka. She has several publications to her credit in national and international journals and has presented her research papers extensively outside India. She is actively involved with two NGOs as Honorary Director and Advisor. She loves to reach the needy by identifying them by herself and believes in micro management of social service done at very grass root level.

She spends her leisure time in counselling and healing who approach her. Loves to write poems in Marathi and does spiritual practice for holistic healing. Travel and music are her hobbies that keep her recharged to serve the society. Her motto of life is to "utilise life fully by doing things that make your 'self' happy and empowers you to add value to others' lives".

# **BALDEEP KAUR**

# Founder & CEO – Inspiring Evolution

Focus Areas: R & D, Content Creation & Skill Intervention

Baldeep is an entrepreneur, psychologist, speaker and one of India's leading organisational psychologist and a Positive Psychology coach. A recognised authority on the psychology of leadership, mindset and positive habits formation, she has served as a coach to numerous individuals and organisations. She has been teaching positive psychology based interventions to help people operate at their fullest potential by focusing on their strengths. She is the sought after expert and is often invited to panel discussion in field of mental wellness. Her views in field of mental wellness are frequently published in leading newspapers.

Baldeep is Founder & CEO of Inspiring Evolution, a coaching and training venture which helps leaders, executives to be positively engaged using Positive Psychology interventions, in order to thrive in a dynamic environment. She has worked with woman leaders across multiple domains and specializes in preparing them for the constant change and challenges which they encounter at various stages in life.



**National Council Member** 







# Dr. VEENA PRIYADARSHINI

Director – Commercial Marketing, Merck

Lifescience

Focus Areas: Strategic Marketing, Industry Engagement & Social

**Media Communication** 

Dr. Veena Priyadarshini has more than 20 years of experience in the Lifescience and Pharmaceutical industry and has held several key posts in strategic marketing, training and business development. Through out her career span, she has been leading high performance teams in a competitive and demanding environment, which has helped develop strong decision making and problem solving skills with a strong sense of empathy.

Communication & Critical thinking have helped her take up challenging assignments with different organisations - Novartis, Johnson & Johnson, Allergan, Thermo Fisher Scientific and currently holds a senior leadership position at Merck Lifescience India.

Veena has a strong leaning towards training and skill development and has conducted several workshops in various educational institutes and startups to help students gain critical vocational and entrepreneurial skills. She is passionate about fine arts, environment and women health and supports the use of technology to garner sustainable solutions to modern challenges.

# **SUKANYA PATWARDHAN**

# Vice President - Learning and Organizational Development at Jade Global Software Ltd

Focus Areas: R&D, Content Creation & Skill Intervention

Ms. Sukanya Patwardhan is versatile Human resource/L&D professional with a professional career that has spanned a little over 25 years in top global corporations in leadership roles: SKF Bearings, Cummins Itd, IBM (for 10 years) and Tata Group in the field of, Human Resources (HR), Talent management, Learning and Capability building, consulting to enable thought leadership, Gen Y, Diversity, Women's Leadership, Large Scale projects in Learning and Organizational Development, Capability building for business results via extensive experience of working with Global leaders and different stakeholders.

She is recognised with several awards at national and international level to name a few - Remarkable Working Women's award, Global leader in Diversity and Inclusion, Prestigious fellowship by Depart of Science and Technology, Scholarship by Government of Japan, Scholarship Rotary International, Letter of Commendation from Cambridge Institute for Sustainability Leadership and has several publications to her credit. She is regularly invited to speak at the national and international forums. She graduated with a gold medal in Human Resource Management from Tata Institute of Social Sciences, Mumbai, India. She has completed her Master's degree in Sustainability Leadership from Cambridge University, U.K. with distinction, and her thesis was on Women Empowerment where she has applied Professor Amartya Sen's capability approach.



**National Council Member** 





# **PURVA CHADHA**

## Senior Vice President – Primus Partners

Focus Areas : Government Policy Design, Strategy & Execution, Industry and Government Collaborations

Purva is a Senior VP with a Boutique Consulting Firm, Primus Partners which offers unique approaches to examine futuristic ideas required for the growth of a sector, ecosystem and organisation and in this role works very closely with various Central and State Ministries on strategic areas of development towards National Building. With more than 13 years of Advisory experience working in India, UK, Singapore and Philippines, she is a seasoned management consultant and has been advising clients across Public and Private Sector on designing visions & strategies for long term goals of Businesses, Departments & Functions along with driving these strategies to successful execution.

Before Primus, Purva was leading the Advisory for Strategic Projects in Government Advisory for Karnataka & Kerala. Over recent years, Purva has played an active role in the Indian Startup Ecosystem and has been contributing to development of impactful enablers across various cities & states. She has also spent 9 years of her career with Accenture Global Strategy driving Digital Transformations for clients across the globe. Purva has versatile interests in reading, dance, fashion, knowledge & networking events, engaging with young students, women and contributing back to society in all possible ways to make a difference.



# KAMNA CHHIBBER

# Head – Mental Health & Behavioural Sciences, Fortis Healthcare

Focus Areas: R&D, Content Creation & Skill Intervention

Kamna Chhibber heads Mental Health for the Department of Mental Health and Behavioural Sciences at Fortis Healthcare. Having completed her MPhil, she is a trained therapist working with children, adolescents and adults. She is passionate about working in the space of child-adolescent mental health, relationships, trauma and abuse. She designs and creates programs for implementation in schools, corporate organizations and NGO's that are directed towards enhancing mental health and well-being.

Kamna is a TedX speaker. She is a writer and author of books and is regularly featured in publications, news media and on radio on issues pertaining to mental health. She has co-authored 'Let Him Not Sink', 'Life Skills for Children', 'Life Skills for Teenagers', 'A to Z of Empathy', 'Laugh n Learn with Dr. Parikh - Study and Exam Skills', 'A Mental Health Curriculum for Schools', 'Raising Confident Children - A 52-week Guide for Parents', 'Don't worry! Here's how you can keep your mind fit during the pandemic' and 'How to engage with your kid while working from home: 21 tips for 21 days'. Kamna is dedicated towards sensitizing populations about mental health and making it a priority for all.

# **Dr. YOGITA NARANG**

Social Scientist & Professor

Focus Areas: R & D, Content Creation & Skill Intervention

Dr. Yogita is a Post Doctoral Fellow from ICSSR and currently Fellow Professor in Department of Management, Faculty of Social Science, Dayalbagh Education Institute, Agra. An alumnus of Hansraj College, DU, she completed her doctorate in Business Management from DEI, Agra and has more than 20 years of experience in industry, academics and research. She has published more than 17 research papers and guided 3 PhD research scholars. She has also taught at Hindustan Institute of Management and Computer Studies, Mathura.

Dr. Yogita is an enthusiastic and adaptive social scientist with broad interest in developing and disseminating skills to probe solutions of challenges through collaborative teamwork. She successfully conducted UNEP Project as Coordinator with Chintan, a Delhi based NGO, titled "Promotion of counter measures against plastic litter in South East Asia and India".



## **National Council Member**



# PRIANCA RAVICHANDER

GM – Ace Urban Group

Focus Areas : Govt Policy Creation, Legal and Technology Strategies

Prianca Ravichander is working with Ace Urban Group in the area of Energy Infrastructure. She has worked at ITEC (Electronics Wing) as Joint Director holding more than seven years experience in Law, Policy, Public Private Partnerships, Investment Strategy and Promotions and is currently leading Electric Vehicle and Energy Storage Solutions Policy for the State on the demand and supply side, with a target to bring in 10 GWhr of energy storage capacity and 3 Billion dollars of investment into Telangana by 2025. She previously handled Electronics Manufacturing and Industrial infrastructure cluster development for the State bringing in investment proposals worth 2Bn USD between 2019-2020.

Previously she headed start-up cell for Government of Karnataka and also worked as a law, policy and PPP advisor to the State of Karnataka where she helped establish India's first greenfield EMC at Mysore and register over 7000 Startups virtually through the www.startup.karnataka.gov.in portal for incentives and benefits. She is a graduate from one of India's premier law schools Nalsar University of Law and finished her masters in urban data management and FDI from IHS Erasmus university Rotterdam, Netherlands where she completed her thesis with the smart city cell at KUIDFC and BBMP Bangalore, India.



**National Council Member** 





# **KULPREET FREDDY VESUNA**

# Founder & MD - Impact Public Relations Pvt. Ltd | Founder - LiveRich

Focus Areas: Brand Marketing, PR Strategy and Communications,

**Networking, Events, Technology Support** 

Kulpreet Freddy Vesuna is a Founder & Managing Director of Impact Public Relations Pvt. Ltd. And Founder of LiveRich.

With over 23 years of experience in PR, she is an innovator and originator in the public relations industry. Being a hardcore PR specialist; she has noteworthy experience in media management & relations, brand building, social media campaigns, advocacy, integrated marketing communications and crisis management. She is also the member of Public Relations Consultants Association of India (PRCAI), the apex body of communications and PR consultancies in India.

Over the years, she has emerged as a trusted communications consultant and strategist for corporate especially the healthcare sector and industry bodies. Building enabling partnerships with across clients has been her strength. She has worked with over 200 organizations, both Indian as well as global, her expertise range from brand marketing to corporate communications, from healthcare to biking; she has been instrumental in building strong brands and reputations for its clients. Harnessing the potential of gen-next, Kulpreet regularly delivers lectures at prominent mass communication colleges in the country.

# ARUNA SINGH

# Founder & Chairperson – Wings For My Dreams

Focus Areas: Industry Collaborations, Govt Liaison & PR

Aruna Singh, Former President (International & Domestic Money Transfer) Paul Merchants Limited, helped build & manage a franchisee network of over 22000 partner locations in every nook & corner of India & lead a team of over 2200 members. Having very Extensive Experience & Understanding of India's Geography & Demographics, she has been a very successful Management Leader in the sphere of financial services.

She took a hiatus from her professional life after a continuous stint of almost 25 years, as she was diagnosed with an advance stage of Cancer. In one year she not only overcame the dreaded disease, but also used the 'time out' for introspection & self reinvention. She decided to dedicate the rest of her life to causes she was passionate about, namely Skilling & Training leading to Employment / Entrepreneurship, Women Empowerment & Maintaining Ecological Balance.

In her new Avatar, she is the Founder & President of a NGO named 'Together We Can', which is focused towards Women Empowerment. She is also the Chairperson of a business entity, 'Wings For My Dreams', wherein, she is spearheading the initiative with fervent conviction, of skilling India's youth, leading to employability...



## **National Council Member**





# Dr. CHANNAMMA KAMBARA

Asst Prof – Centre for Research in Urban Affairs, ISEC

Focus Areas: R & D, Content Creation & Skill Intervention

Dr. Channamma Kambara has researched extensively on women in informal sector, particularly street vendors in urban areas and the factors affecting them in various scenarios such as FDI inflows, demonetization and other aspects impacting such workers such as finances, migration, public space and other related issues.

She has worked on gender and health vulnerability in peri-urban areas. She is primarily interested in work conditions both in formal and informal sector in urban areas and the relationship between urbanization and human development based on the data, information and interactions from the respondents. She has presented several research articles in national and international conferences, published articles in journals and co-authored books.

## **National Council Member**





# **DEEPALI NARULA**

Marketing & Events Professional | Life-Coach | Speaker

Focus Areas: Marketing, Events, Branding & Communication

Deepali Narula is a marketing professional with a background of 20+ years' experience in strategy, business development, brand positioning & events. During her work life she has been associated with brands such as EXL, Western Union Money Transfer & Fashion TV. She also founded her event management agency 'Cultural Links', curating events from concept to execution for corporates, government organizations & social get-togethers.

In the last 11 years, with her organization, Deepali's association with Fashion TV was first as the CEO of the F hospitality vertical, heading the Night Clubs of the brand and then as the Director – Marketing & Events when the organization stepped up to becoming the exclusive licensor of Fashion TV in India & UAE.

Known for exceptional commitment, high integrity levels & leading from the front, Deepali led teams of professionals for domestic & international market viz-a-viz F Hospitality, F Salons, F Residences, F Events etc., launched new venues & handheld franchise partners with brand guidelines & operations and received best Times Night life awards for the F hospitality venues year after year. Presently, Deepali is a speaker & a life coach facilitating personal transformation based on a proven & a progressive system of coaching.

# **NIVEDITA TIWARI**

HR Business Partner- GUS Global Services

Focus Areas: Content Creation, Skill Intervention, Social Media, Events, Networking & Industry Collaborations

Nivedita is a dynamic HR Business Partner who has actively been in-charge of HR processes & Learning & Development initiatives in organizations she has worked with. She has been in the IT & education sector for over 6 years & has been appreciated by employers through various awards (Role Model, Value Champion, etc). Inquisitive about psychology & human behaviour, she pursued masters in Psychology, became a certified Neuro-Linguistic Programming Practitioner, and with multiple self-development & transformational tools she started her certified Life Coaching practice in 2019.

Being in the Learning & Development field, Nivedita has curated & delivered various Life-Skills programs for corporates. The key topics she has covered thus far include Mid-Level Manager Development, Transformational Leadership, Campus-to-Corporate Transition, Team Building, Interpersonal Skills, & Personality Development. Her programs have positively impacted employees across all hierarchical levels. As a Life Coach, her niche is to empower clients to thrive & craft excellence in their lives. She has also been actively involved in spreading awareness around Mental Health & has been recognised for the same by online communities like Women's Web & GoLads.



**National Council Member** 



# VERSITY of ALASKA

# **National Council Member**



# **RAJSHRI JAIN**

# President – Brij Bhoomi Foundation [Nari Shakti Ko Pranam]

Focus Areas: Networking and Coordination – Govt and other bodies

From having been in the her teaching career for over a decade, Rajshri 's expertise in networking and developing relations has enabled her to undertake numerous projects outside her home country to maintain and foster Indian culture and tradition. She was a Member of Indian Association Ghana and was in close association with the Indian High Commission at Ghana and Kenya for social work activities and organizing cultural events and festivals. She's also an active member of Nairobi Expat Group - The Inter Nation Nairobi. She is President New Delhi of Brijbhoomi Foundation (Nari Shakti ko Pranam). She is also the Associate Editor for Aap Ki Sehat magazine.

Rajshri has been an influencer of Womenovator in collaboration with Ministry of MSME and in support of UN Women. She is also a member of Women's Impact Network which is part of The Singularity University Ecosystem to promote Gender Equality, Diversity, Solidarity, Inclusion and Empowerment. She is also the Honorary Member of the Hon'ble Advisory Board of the IJBST Journal Group. She heads the Circular Economy Club, Meerut. She is well connected in India and abroad with Business community and Embassies.

# **ROSALIN MOHANTY**

Co Founder & Vice President - Cozentus



Rosalin is a Certified OD Consultant from World HR Board. She is certified on Strategic Consulting from IIM-Indore. This Certification backed up with 2 Decade of HR experience in different Industries help her provide business specific HR consultancies services to different clients across different geographies in India and abroad. Having gone through intense Accredited Coach Training Programme (ACTP), she is Certified Leadership Coach. Also Certified Practitioner in Neuro Linguistic Programming credentialed by Association of Neuro Linguistic Programming (India) and International Federation of Coaching and NLP(UK). She has been trained as a Competency Assessor by Thomas International. She has been trained on PPA-HJA (DISC -Thomas), and Competency Mapping. She is a Trained Certified Internal Auditor by SGS.

She has been consulting various industries and Start Ups for Origination Design and Development. She has worked on Quality Management and 5s concept. She has designed various Learning Intervention for talent development. She has conducted 1\*1 coaching, Assessment Centers, Talent Assessment and Development. She has been conducting various leadership interventions and impact assessment in various corporate houses across industries. She has diversified work experience having worked with DNV, Bharti Airtel, TATA Group and Ambuja Cement and ESSPL.



**National Council Member** 



### **CONTACT DETAILS**



# Dr. KUILJEIT UPPAAL National President, Life Skills Council